

CLASSMATE CONFLICT RESOLUTION

My name _____

Classmate(s) names _____

Date and time _____

I felt...

When...

1

Identify a feeling and zone

2

Describe what happened

I would like...

3

Describe how you would like to be treated instead or what you would like to happen next time.



angry



confused



furious



irritated



left out



nervous



surprised



happy



sick



silly



worried



tired



suspicious



excited



peaceful



sad

BEFORE

- I will listen to my classmate
- I will wait for my turn to speak
- I will ask questions instead of make assumptions

AFTER (circle answer below)

- Did I listen to my classmate? **Yes** or **no**
- Did I understand what my classmate was saying? **Yes** or **no**
- Did I repeat back what I heard my classmate say? **Yes** or **no**

TEACHER NOTES

Was the problem solved? **Yes** or **no** -- Do both students feel good about the resolution? **Yes** or **no**

My name _____

Classmate(s) names _____

Date and time _____

social awareness

PERSPECTIVE TAKING

Building an understanding of our choices and the others of others.



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suspicious



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peaceful



sad

I was feeling...

1

Identify a feeling and zone

I think they felt...

2

Identify a feeling and zone you think they felt

when I / they...

3

Describe what happened

I responded by...

4

Describe what your response looked like and sounded like

They responded by...

5

Describe what their response looked like and sounded like

Next time, I will...

7

What will you try to do next time?

I think these choices occurred because...

6

Why do you think this situation occurred?

self-awareness + regulation

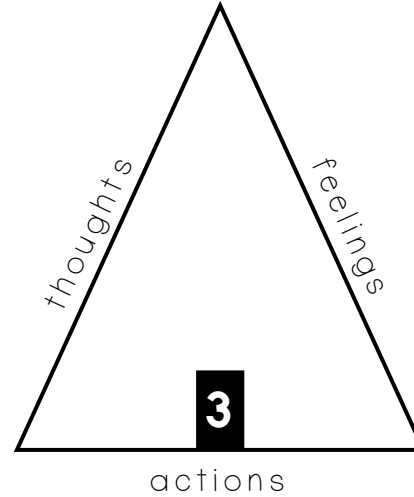
BEHAVIOR ANALYSIS

_____ is analyzing their behavior

date of analysis _____ recorder _____

HOW WAS your DAY BEFORE the SITUATION?

1



WHAT NEEDS TO HAPPEN NEXT? FOR YOU + THOSE INVOLVED?

4

NEXT STEPS

DESCRIBE WHAT HAPPENED

2

TAKING RESPONSIBILITY

_____ is taking responsibility

date _____

First, would you like to write your answers or have a conversation using the questions?

I would like to write my answers

I would like you to write my answers through our conversation

- 1) Which choice am I taking responsibility for?

- 2) Would I like to be treated the way I treated the person or people impacted by my choice?

- 3) What was I trying to do or get when I chose to communicate without kindness?

Did my choice get me what I wanted?

- 4) How could I get what I wanted in a way that was kind (and didn't hurt anyone or put me at risk for receiving a consequence)?

- 5) What is the biggest takeaway from taking responsibility?

Second, what would you like to do to repair and make things right? Select **two** choices:

- Apologize face-to-face with _____
- Write a note to _____
- Do something kind for _____
- Talk with _____ about finding a *natural consequence* for my choice.
- Practice the kind choice (re-teaching)
- My own idea: _____

NEXT STEPS

Date of repair _____